

Weight Assessment and Counseling in Children / Adolescents (WCC)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for weight assessment and counseling in children and adolescents.

What is the measure?

The measure assesses the percentage of members between the ages of 3 and 17 who had an outpatient/office visit with a primary care practitioner (PCP) or OB/GYN, and who had evidence of the following during the measurement year:

- Body measure index (BMI) percentile*
- Counseling for nutrition
- Counseling for physical activity

*BMI percentile as a value or plotted on an age-growth chart. The height, weight and BMI must be from the same chart but can be on a different date of service during the measurement year.

How to Improve Your Score

- Read, review, document and code your patient's BMI **percentile**, counseling for nutrition and physical activity.
- Services may be rendered during a visit other than a well-child visit. These services count if the specified documentation is present, regardless of the primary intent of the visit. Service specific to the assessment or treatment of an acute or chronic condition, however, do not count towards the Counseling for Nutrition and Counseling for Physical Activity indicators
- Member-reported biometrics are eligible for reporting if documented in the member's medical record
- Submit diagnosis and procedure codes on claims
- Documentation during telephone visits, e-visits or virtual visits meet criteria
- Submit claims and encounter data timely

Exclusions

- Members who have a diagnosis of pregnancy during the measurement year; this is evident in the medical record by including a note indicating a diagnosis of pregnancy occurred during the measurement year
- Members in hospice care or using hospice services anytime during the measurement year
- Members who died during the measurement year

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HEDIS Measure: Weight Assessment and Counseling in Children / Adolescents (WCC) *(continued)*

BMI Percentile

Compliant Documents in the Patient's Medical Record for BMI Percentile

- Documentation must include height, weight, and BMI **percentile** during the measurement year; height, weight, and BMI percentile must be from the same data source.
- Either of the following meets criteria for BMI percentile:
 - BMI percentile documented as a value (e.g., 85th percentile); documentation of >99% or <1% meet criteria because a distinct BMI percentile is evident (i.e., 100% or 0%)
 - BMI percentile plotted on an age-growth chart
- Telehealth/virtual visits are acceptable.
- Member reported biometric values are acceptable when documented in the medical record.

Documents NOT Compliant in the Patient's Medical Record for BMI Percentile

- No BMI percentile documented in medical record or plotted on age-growth chart
- Notation of BMI value only
- Notation of height and weight only
- Ranges and thresholds

Nutrition Counseling

Compliant Documents in the Patient's Medical Record for Nutrition Counseling

Documentation must include a note indicating the date and at least one of the following:

- Discussion of nutrition behaviors (e.g., eating habits, dieting behaviors)
- Documentation of types of food or meal frequency
- Completed checklist indicating nutrition was addressed.
- Counseling or referral for nutrition education
- Member received educational materials/handouts on nutrition during a face-to-face visit
- Anticipatory guidance for nutrition
- Weight or obesity counseling
- Referral to the Special Supplemental Nutrition Program for Women, Infants, and Children(WIC)

Documents NOT Compliant in the Patient's Medical Record for Nutrition Counseling

- No counseling/education on nutrition and diet
- Counseling/education before or after the measurement year
- Notation of **anticipatory guidance or health education** without specific mention of nutrition
- A physical exam finding or observation alone (e.g., well-nourished) is not compliant because it does not indicate counseling for nutrition
- Documentation related to a member's appetite does not meet criteria

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HEDIS Measure: Weight Assessment and Counseling in Children / Adolescents (WCC) (continued)

Physical Activity

Compliant Documents in the Patient's Medical Record for Physical Activity

Documentation must include a note indicating the date and at least one of the following:

- Discussion of current physical activity behaviors (e.g., exercise routine, participation in sports activities, exam for sports participation)
- Checklist indicating physical activity was addressed
- Counseling or referral for physical activity
- Member received educational materials on physical activity during a face-to-face visit
- Anticipatory guidance specific to the child's physical activity
- Weight or obesity counseling

Documents NOT Compliant in the Patient's Medical Record for Physical Activity

- No counseling/education on physical activity
- Notation of **cleared for gym class** alone without documentation of a discussion
- Counseling/education before or after the measurement year
- Notation of **health education or anticipatory guidance** without specific mention of physical activity
- Notation of anticipatory guidance related solely to safety (e.g., wears helmet or water safety) without specific mention of physical activity recommendations
- Notation solely related to screen time (computer or television) without specific mention of physical activity
- Documentation of physical activity related to an injury (e.g., sprained ankle while wrestling)
- Discussion of physical activity is specific to an acute/chronic condition (e.g., light exercise related to chronic back pain)

Medical Codes

BMI:

ICD-10: Z68.51 – Z68.54

Nutrition:

CPT: 97802 – 97804

HCPCS: G0270 – G0271, G0447, S9449, S9452, S9470

ICD-10: Z71.3

Physical Activity:

HCPCS: G0447, S9451

ICD-10: Z02.5, Z71.82

Hospice Exclusions:

CPT: 99377 – 99378

HCPCS: G0182, G9473 – G9479, Q5003 – Q5008, Q5010, S9126, T2042 – T2046

Pregnancy Exclusion:

ICD-10: Z33.1 – Z33.3, Z34.00 – Z34.03, Z34.80 – Z34.83, Z34.90 – Z34.93

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