

ACT-FAST CARE GUIDE



SEEKING ADVICE
24/7 Nurse Line

Questions about health issues

Call **1-888-258-3432**



WANT CARE QUICKLY
Telehealth Services

Treatment for minor illnesses & injuries

Visit **fepblue.org/telehealth** or call **1-855-636-1579**



NEED CARE TODAY
Primary Care Doctor

Diagnosis & treatment of illness, chronic conditions, routine checkups

Call your doctor's office



NEED CARE SOON
Retail Clinic

Health screenings, vaccinations, minor illness or injury

Walk-in appointments at a nearby clinic



NEED CARE NOW
Urgent Care Center

Non-life-threatening illness or injury that requires immediate care

Walk-in appointments with shorter wait times than the ER



EMERGENCY
911 or Nearest ER

Life-threatening illness or injury (chest pain, signs of stroke, difficulty breathing/moving)

Immediately call 911 or go to your nearest ER

Find doctors and urgent care centers in our Preferred network at fepblue.org/provider or via the fepblue app.