



Protect Your Child's Health

Getting kids and adolescents caught up with recommended vaccinations is the best way to protect them from a variety of diseases.

DID YOU KNOW?

Childhood vaccination will **help prevent** an estimated **936,000 early deaths, 8 million hospitalizations** and **419 million illnesses** among children born from 1994-2018.¹

- By the Numbers -

200+

Number of years vaccines have helped us stay healthy!² Vaccines and well-child visits are recommended by the Centers for Disease Control and Prevention and are critical to help our kids stay healthy.

14

Number of different diseases our kids are protected from when they get their recommended vaccines on time.¹ Children protected by vaccines are less likely to get diseases like whooping cough, measles and HPV.³

1,000+

Number of germs babies and children are exposed to every day. Vaccines help strengthen immune systems so babies can fight germs, even the more deadly ones.⁴

Why Well-Child Visits?

Making sure your child sees their doctor for a well-child visit is one of the best ways to keep them healthy. If you've had to delay your child's routine check-ups, now's the time to get back on track. These visits are great for:

- Supporting growth and development
- Asking questions and discussing any health concerns
- Scheduling routine vaccinations

For more information, including the recommended vaccines for each age group, visit floridablue.com/answers/staying-healthy-and-well.

¹<https://www.cdc.gov/vaccines/partners/childhood/childVax-infographic.html>

²<https://www.cdc.gov/smallpox/history/history.html>

³<https://www.cdc.gov/vaccines/parents/diseases/index.html>

⁴<https://www.cdc.gov/vaccines/parents/why-vaccinate/strengthen-baby-immune.html>