

Follow Up After Hospitalization for Mental Illness (FUH)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS[®]) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for follow up after hospitalization for mental illness.

What is the measure?

The measure includes the percentage of discharges between January 1 and December 1 of the measurement year for members age 6 and older who were hospitalized for treatment of selected mental illnesses or intentional self-harm diagnoses and had a follow-up visit with a **mental health provider**.

Two rates are reported:

1. The percentage of discharges with a follow-up visit within 30 days after discharge
2. The percentage of discharges with a follow-up visit within seven days after discharge

How to Improve Your Quality Score

- Ensure the patient has a plan for a follow-up office visit (i.e., intensive outpatient, partial hospitalization program, community mental health center, electroconvulsive therapy, telehealth, observation, or a transitional care visit) with a mental health provider within seven and 30 days after discharge.
- Do not include visits that occur on the same day of discharge; they do not meet the requirements for this measure.
- Schedule the patient for a follow-up appointment before discharge; the appointment can be either in person or a telephone visit.
- Contact the patient before the visit and remind them of its importance.
- Educate inpatient and outpatient providers about clinical practice guidelines and the measure.
- Engage parents/guardian/family/support system and/or significant others in the treatment plan. Advise them about the importance of treatment and attending appointments.
- Use Lucet, a New Directions company, Behavioral Health Network and Case Management services as needed.
 - **Lucet Behavioral Health Member services:** Members can call **866-287-9569** Monday through Friday, 8 a.m. – 8 p.m. ET, for help locating a behavioral healthcare professional or coordination of care.

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HEDIS Measure: Follow-Up After hospitalization for Mental Illness (FUH) (continued)

How to Improve Your Quality Score (continued)

- **Lucet Behavioral Health Physician and Case Management services:** Providers who need help locating a behavioral health professional or setting up coordination of care for a patient can call the Lucet Case Management team at **866-350-2280** Monday through Friday, 7:30 a.m. – 5:30 p.m. ET.
- **Florida Blue Member services:** Use phone number on the back of the member ID card.

Exclusions

- Members in hospice care or using hospice services anytime during the measurement year
- Members who died anytime during the measurement year

Behavioral Codes

Description	CPT	HCPCS
Behavioral Healthcare Setting	98960 – 98962, 99078, 99201 – 99205, 99211 – 99215, 99241 – 99245, 99341-99345, 99347 – 99350, 99381-99387, 99391 – 99397, 99401 – 99404, 99411 – 99412, 99483, 99492-99494	G0155, G0176- G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036 – H0040, H2000, H2010 – H2011, H2013 – H2020, T1015
Telephone Visits	98966 – 98968, 99441 – 99443	

Exclusion Codes

Description	CPT	HCPCS
Hospice Encounter		Q5008, Q5010, S9126, T2042 – T2046
Hospice Intervention	99377 – 99378	G0182

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