

January 2024

FEP Member Outreach Promoting Antidepressant Medication Adherence

This month, we are sending a letter to select members with a Federal Employee Program® (FEP) plan as a primary insurance. Recipients of the letter will be 18 years and older, will have been diagnosed with major depression and treated with antidepressant medication. Our communication aims to encourage members to refill antidepressant medication prescriptions for at least six months. The communication will also educate members on the importance of medication adherence to reduce the risk of returning symptoms.

This initiative aligns with the Healthcare Effectiveness Data and Information Set (HEDIS®¹) quality measure, **Antidepressant Medication Management – Continuation Phase (AMM-C)**.

How You Can Help Your Patients in This Effort

- Closely monitor medication prescriptions and dispensing dates to avoid gaps in treatment and include a depression screening assessment with each patient encounter.
- Engage parents/guardian/family/support system and/or significant others in the patient's treatment plan.
- Advise patients about the importance of treatment and attending appointments.
- Implement timely and appropriate coding practices to capture behavioral health screenings.
- Assist patients as needed in scheduling behavioral health appointments using **Lucet Behavioral Health Network and Case Management Services**.
 - **Providers** can call Lucet Case Management Services at 1-866-350-2280, Monday – Friday, 7:30 a.m. – 5:30 p.m. ET.
 - **Patients** can call Lucet Behavioral Health Member Services at 1-866-287-9569, Monday – Friday, 8 a.m. – 8 p.m. ET.

The table below includes antidepressant medications related to the HEDIS measure for AMM-C.

Antidepressant Medications per HEDIS Measure AMM-C

Medication Type	Medication Names
Miscellaneous	<ul style="list-style-type: none"> • Bupropion • Vilazodone • Vortioxetine
Monoamine Oxidase Inhibitors	<ul style="list-style-type: none"> • Isocarboxazid • Phenelzine • Selegiline • Tranylcypromine
Phenylpiperazines	<ul style="list-style-type: none"> • Nefazodone • Trazodone
Psychotherapeutic Combinations	<ul style="list-style-type: none"> • Amitriptyline-Chlordiazepoxide • Amitriptyline-Perphenazine • Fluoxetine-Olanzapine
Serotonin and Norepinephrine Reuptake Inhibitors (SNRIs)	<ul style="list-style-type: none"> • Desvenlafaxine • Duloxetine • Levomilnacipran • Venlafaxine
Selective Serotonin Reuptake Inhibitors (SSRIs)	<ul style="list-style-type: none"> • Citalopram • Escitalopram • Fluoxetine • Fluvoxamine • Paroxetine • Sertraline
Tetracyclics	<ul style="list-style-type: none"> • Maprotiline • Mirtazapine
Tricyclics	<ul style="list-style-type: none"> • Amitriptyline • Amoxapine • Clomipramine • Desipramine • Doxepin (>6 mg) • Imipramine • Nortriptyline • Protriptyline • Trimipramine

If your FEP patients have questions about their benefits and claims, they can contact our Customer Service team at 1-800-333-2227 (TTY users, call 711). We are available Monday – Thursday, 8 a.m. – 6 p.m. and Friday 9 a.m. – noon, ET. Your patients may also visit FEPBlue.org for more information.

To learn more about the AMM-C HEDIS measure for FEP members, click [here](#) or visit FloridaBlue.com. Select **Tools & Resources, Programs, Federal Employee Program**, then **FEP Quick Reference Guide**.

¹HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

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