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# Review of Coverage for GLP-1 Drug Class for Commercial & Medicare Plans

We strive for best-in-class care with the work and support of our provider community. Providers are essential in managing our members' health conditions. With all the publicity and attention around the Glucagon-like Peptide 1 (GLP-1) drug class, it is vital to understand our policies and medical criteria to avoid sending *unnecessary* prior authorization requests to Prime Therapeutics (Florida Blue's Pharmacy Benefits Manager).

# What You Need to Know

Florida Blue commercial and Medicare pharmacy coverage for GLP-1 drug class is for FDAapproved indications only related to treatment of type 2 diabetes. Florida Blue does not cover or approve prior authorization requests for off-label indications.

For commercial plans, we recently updated the GLP-1 prior authorization criteria. Please note:

- Providers are now required to provide clinical documentation of type 2 diabetes diagnosis when submitting a request for approval.
- Providers must submit documentation to indicate that a patient has tried and failed metformin, other metformin combination drugs, or insulin to demonstrate medical necessity for GLP-1 approval.
- If a patient is **not a type 2 diabetic or does not have the clinical documentation necessary** to support your request, the authorization request will be denied.

We recently notified some commercial and Medicare plan members they will no longer be covered for GLP-1 drugs, starting on January 1, 2024, as they no longer meet the policy guidelines. Important: If a patient reaches out to you to submit another GLP-1 prior authorization request, please make sure you have the necessary clinical documentation from the patients' medical record(s) to submit with the Prior Authorization, otherwise, this request will be denied.

Additionally, medications used for weight loss/management are excluded from coverage under Medicare federal regulations and Florida Blue's health insurance plans. **Requesting an authorization for drugs like Wegovy, Saxenda, or other medications for weight loss/management will result in denial.** 

## What We Are Asking of You

Be sure to consider the information above when assessing a diabetic patients' treatment needs. **Only submit prior authorization requests for GLP-1 drugs when the criteria are met.** You can find our GLP-1 prior authorization criteria questions at <u>myPrime.com</u> before submitting your request to CoverMyMeds.

If you believe a GLP-1 medication is appropriate for a patient to address weight loss/management, please do not submit a request to Prime Therapeutics to review. Be sure to let the patient know the GLP-1 drugs will not be covered, and it will have to be paid for out of pocket. Submitting a GLP-1 request for weight loss/management to Prime Therapeutics will result in a denial. Avoiding these submissions will help prevent unnecessary administrative burdens to providers, their staff, and Prime Therapeutics.

# What Florida Blue Covers for GLP-1 Drug Class

For commercial plans, you can reference our provider website under Medical & Pharmacy Policies and Guidelines. Click on <u>Pharmacy Utilization Management</u> and in the Prior Authorization section, <u>Prior Authorization Information and Authorization Forms.</u>

Listed below are the preferred GLP-1 drugs covered by Florida Blue for **type 2 diabetes with** clinical documentation for a diabetes diagnosis.

- Mounjaro
- Ozempic
- Rybelsus
- Trulicity
- Victoza

## For Medicare, please reference the following information:

Prior Authorization (myPrime.com)

## **Member Wellness Information and Other Programs**

Florida Blue offers its members a variety of <u>wellness programs</u> for no extra cost at local Florida Blue Centers and online. Programs include **nutrition**, **weight management**, **exercise**, **cholesterol**, **diabetes**, **heart health**, **stress management**, **and more**. Please be sure to remind Florida Blue patients of these valuable offerings.