

Medicare Advantage Care Services Available at No Extra Cost

Florida Blue Medicare Advantage members have access to a variety of valuable resources at no extra cost. You can help your patients reach their health goals by ensuring they know about these helpful resources.

Our Medicare Advantage plans provide members with health education, coaching and guidance with access to a team of professionals. They can access this benefit when you make a referral to any of the specialists listed below. Members may also self-refer to use these resources and achieve better health.

Our professionals and the services offered to help your patients include:

- **Certified Diabetes Care Education Specialist**
 - Helps patient manage their overall diabetes, health, dietary adjustments and medication
 - Learn more [here](#); (Spanish [here](#))
- **Registered Dietitian Nutritionist**
 - Provides patient with nutritional expertise and diet recommendations
 - Learn more [here](#); (Spanish [here](#))
- **Respiratory Therapist**
 - Helps patient manage their breathing through techniques and provides medication and equipment usage guidance
 - Learn more [here](#); (Spanish [here](#))
- **Behavioral Health Case Manager**
 - Helps patient improve their mental wellbeing
 - Learn more [here](#); (Spanish [here](#))
- **Health Coach**
 - Supports patient in managing their overall health goals
 - Learn more [here](#); (Spanish [here](#))

Referrals can be made to one or more professionals. With the above services, your patient will receive:

- One-on-one advice (phone or virtual)
- Access to special programs and classes
- Tips to reduce health complications and lower out-of-pocket health care costs

To refer your Florida Blue Medicare Advantage patient, or have them self-refer, call 1-800-955-5692 Option 1, then Option 2. This number is operational from 8 am – 5 pm ET, Monday – Friday.

Referrals may also be emailed to Medicare_CaseManagement_VM@bcbsfl.com or faxed to 1-904-565-4255. The referral must include the patient's full name, date of birth and Florida Blue Medicare HCCID number.