

December 2021

Livongo Hypertension Pilot Program for Medicare Advantage Members

Over the next month, Medicare Advantage members diagnosed with hypertension will be offered a chance to enroll in a self-managed hypertension program to control their blood pressure. We have partnered with Livongo to offer this to our members at no extra cost to them for the duration of the program.

Program Details

Members invited to participate have been diagnosed with hypertension. Those who sign up will receive an at-home blood pressure monitor that will automatically upload readings to an app on their phone. Through the app, they will receive daily reminders to check their blood pressure and weekly challenges to stay motivated and physically active. Members will receive coaching in the app and can also call to receive coaching over the phone.

Members can elect to share their readings with you, their provider.

The program ends on March 31, 2022. Upon completion of the program, members can keep the blood pressure monitor and will also have the option to pay to continue using the Livongo app and its support team.

If our members ask you about the program, please encourage them to sign up. Our goal is to support your efforts in helping your patients manage their blood pressure.