

## Clarification on Authorization and Referral Requirements for Commercial HMO Plans' Occupational, Physical, & Speech Therapy

The following table outlines the referral and authorization requirements for occupational, physical, and speech therapy (OT, PT, ST) services for our Commercial HMO plans. Plans include myBlue, SimplyBlue and BlueCare HMO plans.

<b>Occupational, Physical, &amp; Speech Therapy Services</b>			
<b>Plan Type/Segment</b>	<b>Plan Numbers</b>	<b>Referral Required for OT, PT, ST?</b>	<b>Authorization Required for OT, PT, ST?</b>
myBlue HMO/Individual Under 65	All	<b>No</b>	<b>No</b>
SimplyBlue HMO/Small Group	All	<b>No</b>	<b>No</b>
BlueCare HMO/Individual Under 65	All	<b>No</b>	<b>No</b>
BlueCare HMO/Small Group	2, 6, 8, 9, 12, 15, 21, 22, 23, 24, 25, 26, 30, 34, 35, 36, 40, 41, 42, 44, and 209	<b>No</b>	<b>Yes</b>
	All other plan numbers in BlueCare HMO/Small Group.	<b>No</b>	<b>No</b>
BlueCare HMO/Large Group	1, 2, 4, 6, 8, 12, 14, 15, 16, 20, 21, 40, 41, and 115	<b>No</b>	<b>Yes</b>
	All other plan numbers in BlueCare HMO/Large Group.	<b>No</b>	<b>No</b>

### How to obtain authorizations

Required authorizations should be obtained electronically through Availity<sup>®1</sup> at [Availity.com](https://www.availity.com).

### Questions

If you have questions about any of the above plans, please call our Provider Contact Center at 1-800-727-2227.

<sup>1</sup>Availity, LLC is a multi-payer joint venture company. Visit [availity.com](https://www.availity.com) to register.