

## Comprehensive Diabetes Care Blood Pressure Control for Patients with Diabetes (BPD)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for blood pressure control for patients with diabetes (BPD).

### What Is the Measure?

This measure assesses the percentage of members between 18 and 75 years old with a diagnosis of diabetes (type 1 and type 2) whose blood pressure (BP) was adequately controlled (less than 140/90 mm Hg) during the measurement year.

### Blood Pressure Control

Identify the most recent BP reading taken during the measurement year. The goal is for the patient to have adequately controlled BP (systolic BP of 139 or less and diastolic BP of 89 or less). The member is not compliant if the BP reading is  $\geq 140/90$  mm Hg or is missing, if there is no BP reading during the measurement year, or if the reading is incomplete (i.e., the systolic or diastolic level is missing).

BP readings should be clearly documented in clinical notes and reported through claims.

#### Codes for Blood Pressure

##### CPT-II Systolic BP level

3074F <130 mm Hg  
3075F 130-139 mm Hg  
3077F  $\geq 140$  mm Hg

##### CPT-II Diastolic BP level

3078F < 80 mm Hg  
3079F 80-89 mm Hg  
3080F  $\geq 90$  mm Hg

Do not include BP reading if:

- BP is taken during an acute inpatient stay or an ED visit
- BP is taken on the same day as a diagnostic test or a diagnostic or therapeutic procedure that requires a change in diet or change in medication on or one day before the day of test or procedure, except for fasting blood test
- Taken by the member using a non-digital device such as with a manual blood pressure cuff and a stethoscope

### Exclusions

Members are excluded from the measure if they meet the following criteria:

- Hospice care or using hospice services anytime in the measurement year

#### Codes for Hospice Care

**CPT:** 99377-99378

**HCPCS:** G0182, G9473-G9479, Q5003-Q5008, Q5010, S9126, T2042-2046

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## Exclusions (continued)

- Receiving palliative care anytime in the measurement year  
**Codes for Palliative Care**  
**HCPCS:** G9054, M1017
- Members who died any time during the measurement year
- Members age 66 and older as of December 31 of the measurement year who meet **both** frailty and advanced illness criteria
  - **Frailty:** At least two indications of frailty with different dates of service during the measurement year
  - **Advance Illness:** Either of the following during the measurement year or the year prior to the measurement year:
    - Advance Illness on at least two different dates of service
    - Dispensed dementia medication

### ***Dementia Medications***

Description	Prescription
Cholinesterase inhibitors	• Donepezil      • Galantamine      • Rivastigmine
Miscellaneous central nervous system agents	• Memantine
Dementia combinations	• Donepezil-memantine

## Best Practices for BP Measure

- If there are multiple BPs on the same date of service, use the lowest systolic and lowest diastolic BP on that date as the representative BP.
- Encourage your patient to monitor their BP at home using a digital BP machine. BP readings taken by the member and documented in the member’s medical record meet criteria for this measure.
- Ranges and thresholds do not meet criteria for this measure. A distinct numeric result for both the systolic and diastolic BP reading is required for numerator compliance.
- A BP documented as an “average BP” (e.g., “average BP: 139/70”) is eligible for use.

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