

## Supporting Behavioral Health in Your Practice

### Helpful Resources Now Available at [Floridablue.com](https://floridablue.com)

Physician-led primary care teams often address common behavioral health disorders, such as depression, anxiety, and substance abuse. **By bringing medical and behavioral health services together within primary care, providers are better able to meet both the mental and physical health needs of the patient.**

Because these areas affect each other, it is important to support opportunities for behavioral health and primary care integration. This is considered by health care industry authorities as the gold standard for care.

To help you promote behavioral health within your practice, we provide helpful industry information, tools, and resources on our website for easy reference. The information included on our website is organized under the following topics:

- Behavioral Health Ecosystem
- Measurement-Based Care in Behavioral Health
- Opioid Abuse and Overdose Medication
- Psychotherapeutic Medication Guidelines for Adults and Children
- Virtual Behavioral Health Treatment
- Advocacy Resources in Behavioral Health

To reference this material, be sure to visit [floridablue.com](https://floridablue.com) and select the *Provider* tab, *Tools & Resources*, then *Behavioral Health in Your Practice* or click [here](#).