

## Flu Prevention: Encouraging Members and Communities to Protect Themselves This Flu Season

Flu season is upon us, and we support your efforts in helping the people in our communities stay healthy and safe. Our member and community outreach is focused on reducing the number of office and emergency room visits, hospitalizations and deaths this flu season.

## **Vaccinations Strongly Encouraged**

We are encouraging everyone who is eligible to get the flu shot to do so as soon as possible this year. Additionally, we are reminding our members to call their providers and make sure they are current on all vaccinations, including COVID-19, pneumococcus and varicella zoster. We are especially focused on vulnerable groups such as older adults, pregnant women and those with chronic disease. Parents should also make sure their children are current on all vaccinations.

## Where Members Can Get Flu Shots

If our members are unable to schedule their flu vaccine with you, please direct them to in-network pharmacies, including Walgreens, Walmart or Winn-Dixie.

Together, we can ensure more people get their flu vaccinations and continue to take recommended precautions so patients, members, families and communities have a safer, healthier fall and winter.