## YOUR ROAD MAP TO HEALTHY KIDS Shouldn't every child be a well child?





What's more important than giving our children the resources, opportunities, and tools they need to live a healthy and thriving life? Regular well-child visits and immunizations put your children on the path to success when it comes to development, preventive care, and wellness – help them put their best foot forward.

## Well-Child Visits for A Lifetime of Well-Being

6 Months

- 🗌 Birth
- 🗌 1 Month
- 2 Months
- 4 Months
- 9 Months
  12 Months
- ☐ 15 Months
- 2-3 Years

□ 18 Months

□ 19-23 Months

**Recommended Immunizations By Age** Protecting your kids from minor illness to major disease – immunize on time, every time.

Vaccine	Birth	1 mo.	2 mos.	4 mos.	6 mos.	12 mos.	15 mos.	18 mos.	19-23 mos.	2-3 yrs.
HepB Hepatitis B	1st dose	2nd dose			3rd dose					
<b>RV</b> * Rotavirus			1st dose	2nd dose	See Note- RV*					
<b>DTaP</b> Diphtheria, Pertussis & Tetanus			1st dose	2nd dose	3rd dose		4th dose			
<b>Hib*</b> Haemophilus Influenzae Type B			1st dose	2nd dose	See Note- Hib*	3rd or 4th dose				
PCV13, PCV15 Pneumococcal disease			1st dose	2nd dose	3rd dose	4th dose				
IPV Polio			1st dose	2nd dose	3rd dose					
COVID-19 <sup>**</sup> Coronavirus disease 2019					See Note - Covid-19**					
<b>Flu<sup>†</sup></b> Influenza					2 doses given 4 weeks apart then once yearly. See Note - Flu <sup>†</sup>					
<b>MMR</b> Measles, Mumps & Rubella						1st	dose			
Varicella Chickenpox						1st	dose			
<b>HepA<sup>‡</sup></b> Hepatitis A					1st dose <sup>‡</sup> 2n		2nd	dose <sup>‡</sup>		

## To find a Preferred provider, visit provider.fepblue.org or download the fepblue app. Questions about benefits? Refer to your Blue Cross and Blue Shield Service Benefit Plan brochure or call Customer Service at 1-800-333-2227.

RV\* and Hib\* - Administering a third dose at age 6 months depends on the brand of Hib or rotavirus vaccine used for previous dose.

COVID-19\*\* - Number of doses recommended depends on your child's age and type of COVID-19 vaccine used.

Recommendations by American Academy of Pediatrics. For more information visit cdc.gov/vaccines/parents.

The information in this handout is not meant to replace the advice of your doctor or any other healthcare professional. Please talk to your doctor about any specific health concerns. Blue Cross and Blue Shield of Florida, Inc., DBA Florida Blue, administers the Blue Cross and Blue Shield Service Benefit Plan for the United States Office of Personnel Management, as authorized by the Federal Employees Health Benefits law. Florida Blue is an Independent Licensee of the Blue Cross Blue Shield Association. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex.

Flu<sup>†</sup> - Two doses given at least 4 weeks apart are recommended for children age 6 months through 8 years of age who are getting an influenza (flu) vaccine for the first time and for some other children in this age group.

HepA<sup>‡</sup> - Two doses of Hep A vaccine are needed for lasting protection. The 2 doses should be given between age 12 and 23 months. Both doses should be separated by at least 6 months. Children 2 years and older who have not received 2 doses of Hep A should complete the series.

If your child misses a shot recommended for their age, talk to your child's doctor as soon as possible to see when the missed shot can be given. If your child has any medical conditions that put them at risk for infection (e.g., sickle cell, HIV infection, cochlear implants) or is traveling outside the United States, talk to your child's doctor about additional vaccines that they may need. Talk with your child's doctor if you have questions about any shot recommended for your child.