

January 2023

Federal Employee Program

HEDIS Quality Measure: Statin Therapy for Patients with Cardiovascular Disease

Starting in January 2023 and continuing quarterly, select Federal Employee Plan[®] (FEP) members will receive a letter encouraging them to refill their 90-day supply of qualifying statin cholesterol medications. Select members include males 21-75 years of age, and females 40-75 years of age, who were diagnosed with clinical atherosclerotic cardiovascular disease (ASCVD) and dispensed at least one high- or moderate-intensity statin medication during the 2023 measurement year. This initiative aligns with the Healthcare Effectiveness Data and Information Set (HEDIS^{®1}) quality measure, Statin Therapy for Patients with Cardiovascular Disease (SPC).

Our letter will encourage your FEP patients to fill their 90-day supply of qualifying statin cholesterol medications by requesting automatic refills from their pharmacy, asking a Florida Blue pharmacist their questions, and using the Mail Service Pharmacy Program (if eligible).

How You Can Help

- Encourage patients to use their Florida Blue ID card at the pharmacy.
- Discuss with each patient why they are on a specific medication and explain the role and importance of statin therapy.
- Together, identify and resolve member-specific adherence barriers or concerns, such as the prescription's health benefits, side effects, cost, and timely refills.
- Recommend mail-order prescriptions and 90-day prescription of maintenance drugs.
- Ensure your patients understand how statin use should always be accompanied by lifestyle modifications focused on diet and weight loss to improve a patient's lipid panel.

For additional information on the SPC HEDIS quality measure, access our HEDIS Tip Sheet [here](#).

¹HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).